



Partnership in Health

Engagement Profile

Created for Lithographers & Photoengravers

Commercial | Members

Measurement period: JUL-01-2021 through JUN-30-2022

Report Date: OCT-03-2022

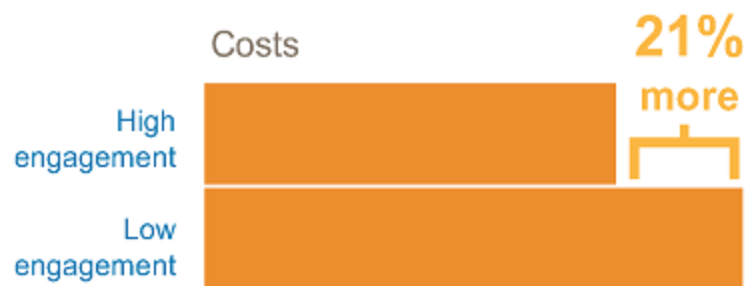
Industry: 31 - 33 Manufacturing

ENGAGEMENT PROFILE

The value of engagement

Higher engagement, lower costs

Studies show that engaged patients experience better health outcomes at lower costs — one analysis found health care costs were **up to 21% greater** for less engaged patients.*



* Hibbard and Greene, *Health Affairs*, February 2013.



At Kaiser Permanente, our integrated care delivery and industry-leading electronic health record make it easier for members to actively participate in and manage their care — and allow us to track and share engagement results with you.

Engagement data in this report

Members who complete at least one action in the categories below are considered “engaged” for that category.

- getting connected
- knowing your numbers
- staying up to date
- seeking care
- improving health

ENGAGEMENT PROFILE

Your group at a glance

Your population's demographics — for example, age and gender — may play an important role in how your group compares to Kaiser Permanente regional and industry benchmarks.

	Your group	Kaiser Permanente regional average ¹	Comparison to regional average	Kaiser Permanente industry average ²
Subscribers	87	--	--	--
Members	165	--	--	--
Average subscriber age	55.0	39.6	15.4 yrs older	43.6
Average member age	44.1	35.7	8.4 yrs older	34.8
Gender (% female)	38.8%	52.5%	13.7% pts lower	44.6%
Average family size	1.9	1.5	0.4 higher	1.9
Enrollment stability index ³	88.5%	84.4%	--	85.5%

¹ The Kaiser Permanente regional averages are based on the weighted average of the group's distribution of members across the Kaiser Permanente regions for the time period being measured. ² The industry average reflects results for Kaiser Permanente members in a specific industry sector, as defined by the North American Industry Classification System. ³ Percentage of members enrolled at the end of the measurement period who were "continuously enrolled" (enrolled for at least 11 months of the 12-month reporting period).

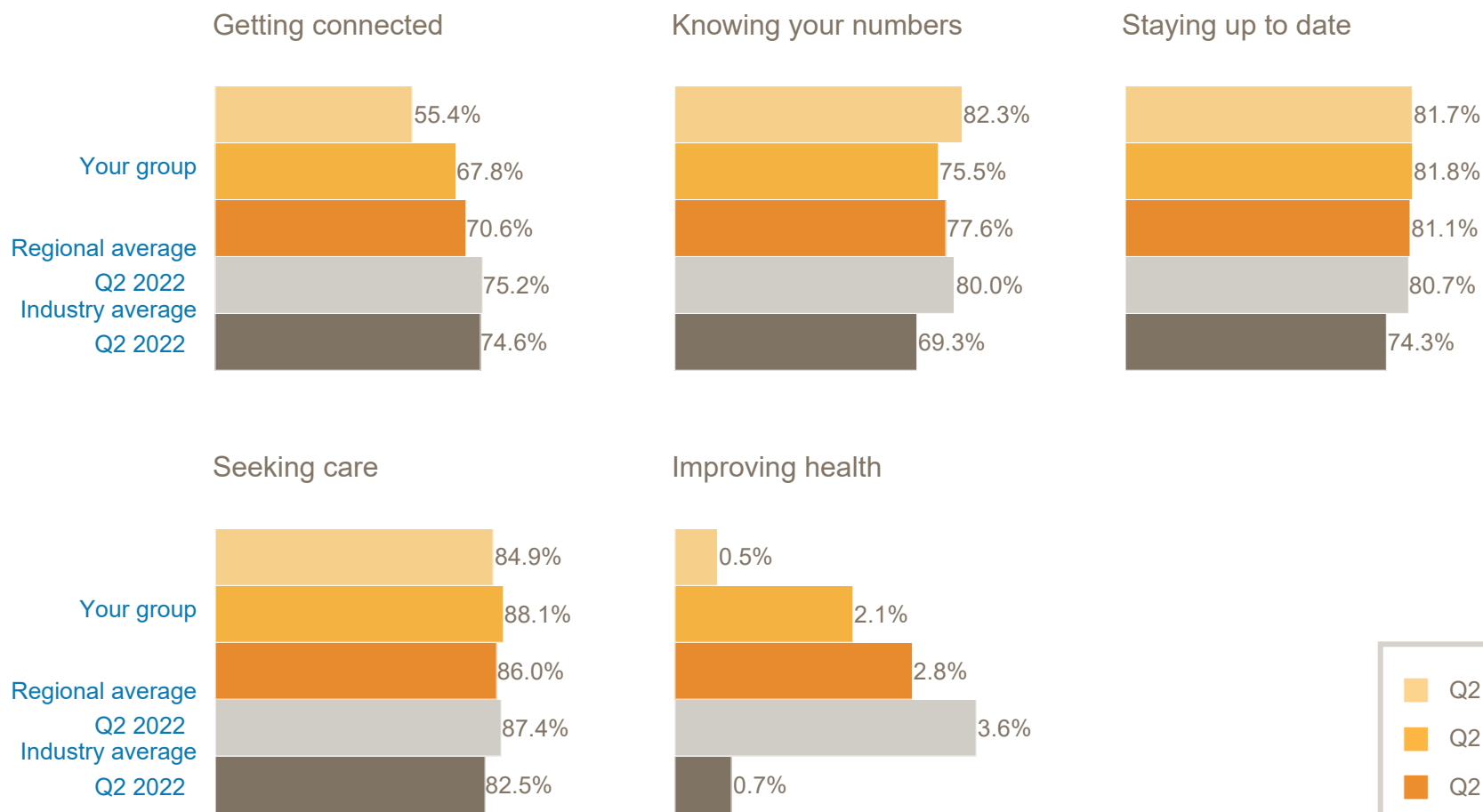
Your results: overview

The percentages below represent the members who are engaged in each category.

Member engagement category	Member for 1 year or less			Member for longer than 1 year		
	Your group	Regional average	Industry average	Your group	Regional average	Industry average
Getting connected Registering and signing on to kp.org	ISS	53.4%	47.0%	74.6%	79.1%	79.0%
Knowing your numbers Body mass index, blood pressure, exercise as a vital sign	ISS	54.5%	40.5%	81.5%	84.6%	73.9%
Staying up to date Cancer screenings, flu shots, cholesterol, glucose	ISS	54.4%	40.2%	84.6%	85.4%	79.7%
Seeking care Outpatient visits, nurse advice, secure messaging, filling prescriptions	ISS	49.9%	28.6%	90.8%	94.2%	90.9%
Improving health Total Health Assessment, healthy lifestyle programs, Wellness Coaching by Phone	ISS	2.9%	0.5%	3.1%	3.7%	0.7%

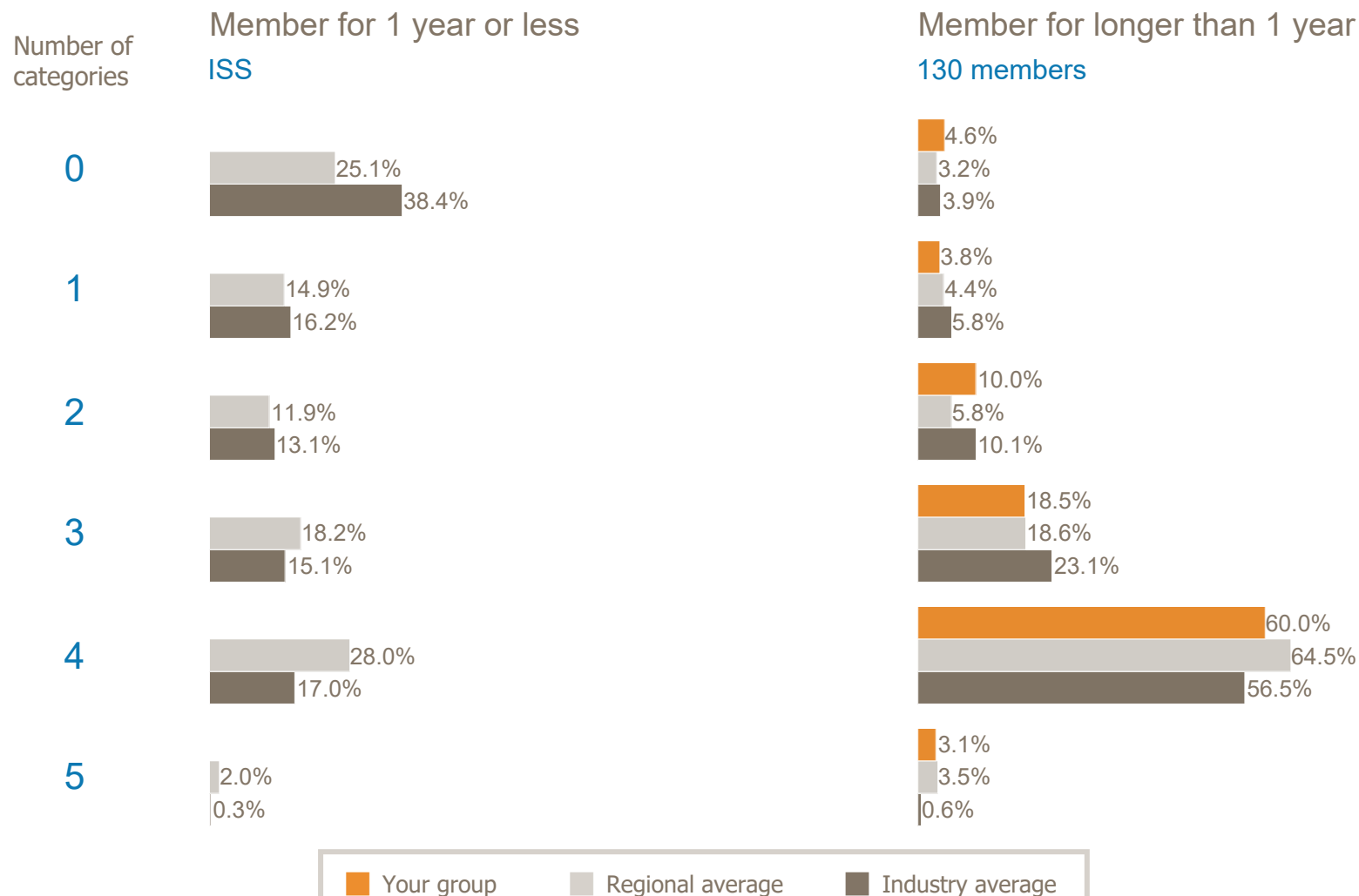
Note: Regional and industry averages are based on Kaiser Permanente membership.

Your group's overall engagement over time



Note: Regional and industry averages are based on Kaiser Permanente membership.

Your results: How many categories are your members engaged in?



Note: Regional and industry averages are based on Kaiser Permanente membership.



Detailed results

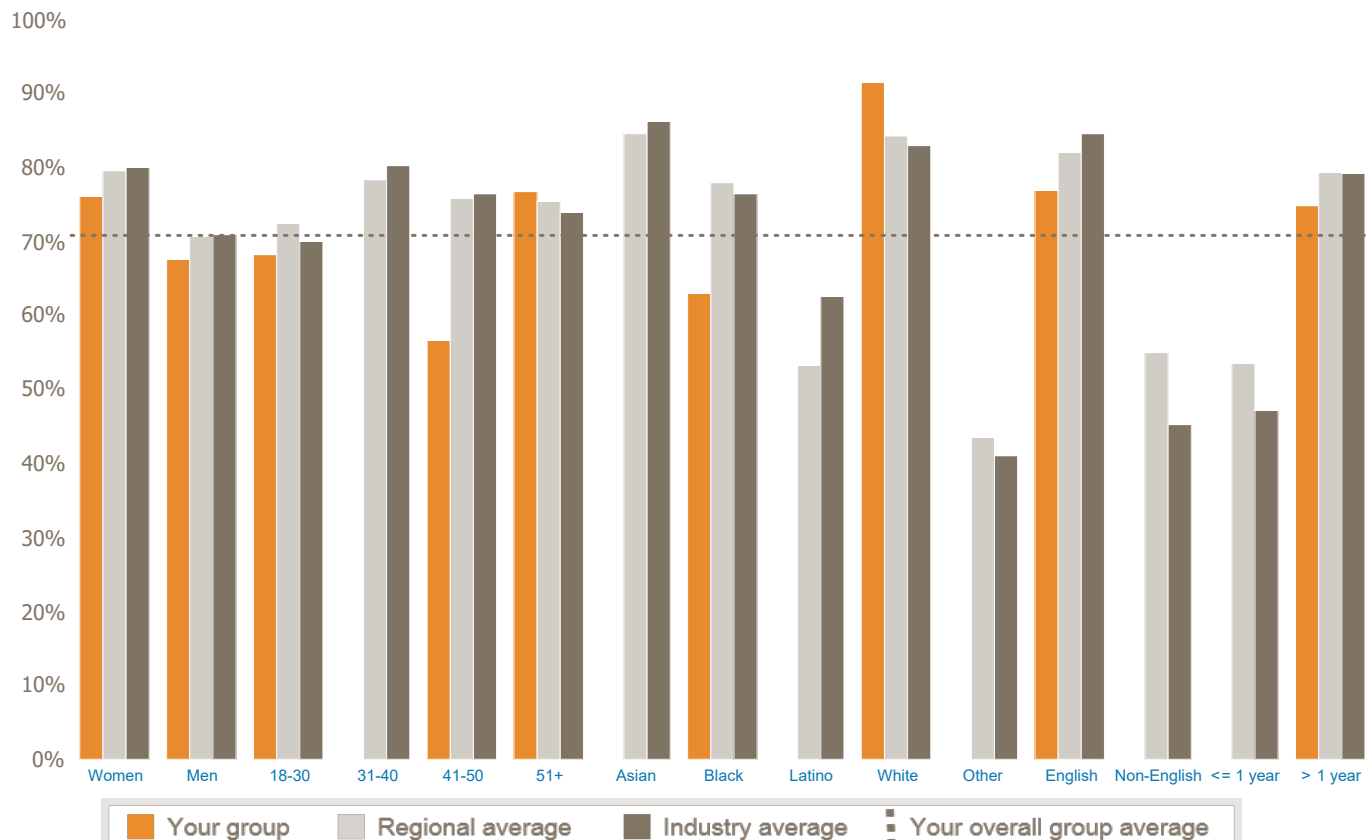
Getting connected: Your group's demographics

This table shows the demographic breakdown of your members who registered and signed on to **kp.org**, compared to Kaiser Permanente regional and industry averages.

	Gender		Age				Race/ethnicity					Language spoken ²		Tenure with Kaiser Permanente	
	Women	Men	18-30	31-40	41-50	51+	Asian	Black	Latino	White	Other ¹	English	Non-English	<= 1 yr	> 1 yr
Engagement in this category															
Your group	75.9%	67.4%	68.0%	ISS	56.5%	76.5%	ISS	62.8%	ISS	91.2%	ISS	76.7%	ISS	ISS	74.6%
Regional average	79.3%	70.5%	72.2%	78.1%	75.6%	75.2%	84.3%	77.7%	53.1%	84.0%	43.4%	81.8%	54.8%	53.4%	79.1%
Industry average	79.8%	70.7%	69.8%	80.0%	76.2%	73.7%	86.0%	76.2%	62.4%	82.7%	40.9%	84.3%	45.1%	47.0%	79.0%
Overall demographics															
Your group	37.8%	62.2%	17.5%	7.0%	16.1%	59.4%	12.5%	26.7%	13.3%	44.5%	2.9%	87.0%	13.0%	9.1%	90.9%
Regional average	53.5%	46.5%	24.2%	21.4%	19.3%	35.1%	14.9%	38.8%	14.8%	27.1%	4.5%	87.9%	12.1%	15.3%	84.7%
Industry average	43.5%	56.5%	25.9%	23.2%	20.1%	30.8%	25.3%	4.5%	32.3%	33.0%	4.9%	86.0%	14.0%	13.6%	86.4%

¹ Includes members who identify themselves as Native American or multiracial, or whose race/ethnicity is not recorded. ² Does not include members whose spoken language preference is not recorded. Note: ISS (insufficient sample size) will be displayed if the eligible member population for a given metric is insufficient. Regional and industry averages are based on Kaiser Permanente membership.

Getting connected: Your group's demographics



Note: Results will not be displayed if the eligible member population for a given metric is fewer than 20 people. Regional and industry averages are based on Kaiser Permanente membership.

71%

of your members registered and signed on to kp.org in the last 12 months, compared to the Kaiser Permanente regional average of 75%.



*People with online access to their medical records who said it increased their desire to improve their health. And 62% said it had a positive impact on quality of care.**

✓ AT KAISER PERMANENTE

By the end of 2015, more than 70% of Kaiser Permanente members were registered at kp.org. And members signed on 159.3 million times that year to view and manage the details of their care.**

* National Partnership for Women & Families, December 2014.

** Kaiser Permanente Digital Metrics, 2015 Annual Report, Kaiser Permanente Digital Services Group, March 2016.

Knowing your numbers: Your group's demographics

This table shows the demographic breakdown of your members who were measured for body mass index or blood pressure, or screened for exercise as a vital sign, compared to Kaiser Permanente regional and industry averages.

	Gender		Age				Race/ethnicity					Language spoken ²		Tenure with Kaiser Permanente	
	Women	Men	18-30	31-40	41-50	51+	Asian	Black	Latino	White	Other ¹	English	Non-English	<= 1 yr	> 1 yr
Engagement in this category															
Your group	88.9%	70.8%	64.0%	ISS	73.9%	82.4%	ISS	78.2%	ISS	83.4%	ISS	81.7%	ISS	ISS	81.5%
Regional average	85.8%	73.3%	72.6%	76.9%	81.2%	86.4%	82.9%	83.4%	83.6%	77.3%	45.7%	84.4%	86.4%	54.5%	84.6%
Industry average	78.8%	62.0%	59.5%	66.4%	71.0%	78.7%	70.5%	72.8%	72.2%	70.2%	35.6%	73.8%	78.1%	40.5%	73.9%
Overall demographics															
Your group	37.8%	62.2%	17.5%	7.0%	16.1%	59.4%	12.5%	26.7%	13.3%	44.5%	2.9%	87.0%	13.0%	9.1%	90.9%
Regional average	53.5%	46.5%	24.2%	21.4%	19.3%	35.1%	14.9%	38.8%	14.8%	27.1%	4.5%	87.9%	12.1%	15.3%	84.7%
Industry average	43.5%	56.5%	25.9%	23.2%	20.1%	30.8%	25.3%	4.5%	32.3%	33.0%	4.9%	86.0%	14.0%	13.6%	86.4%

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Knowing your numbers: Your group's demographics

*Obesity can dramatically increase the impact of workers' compensation claims:**

Average medical costs



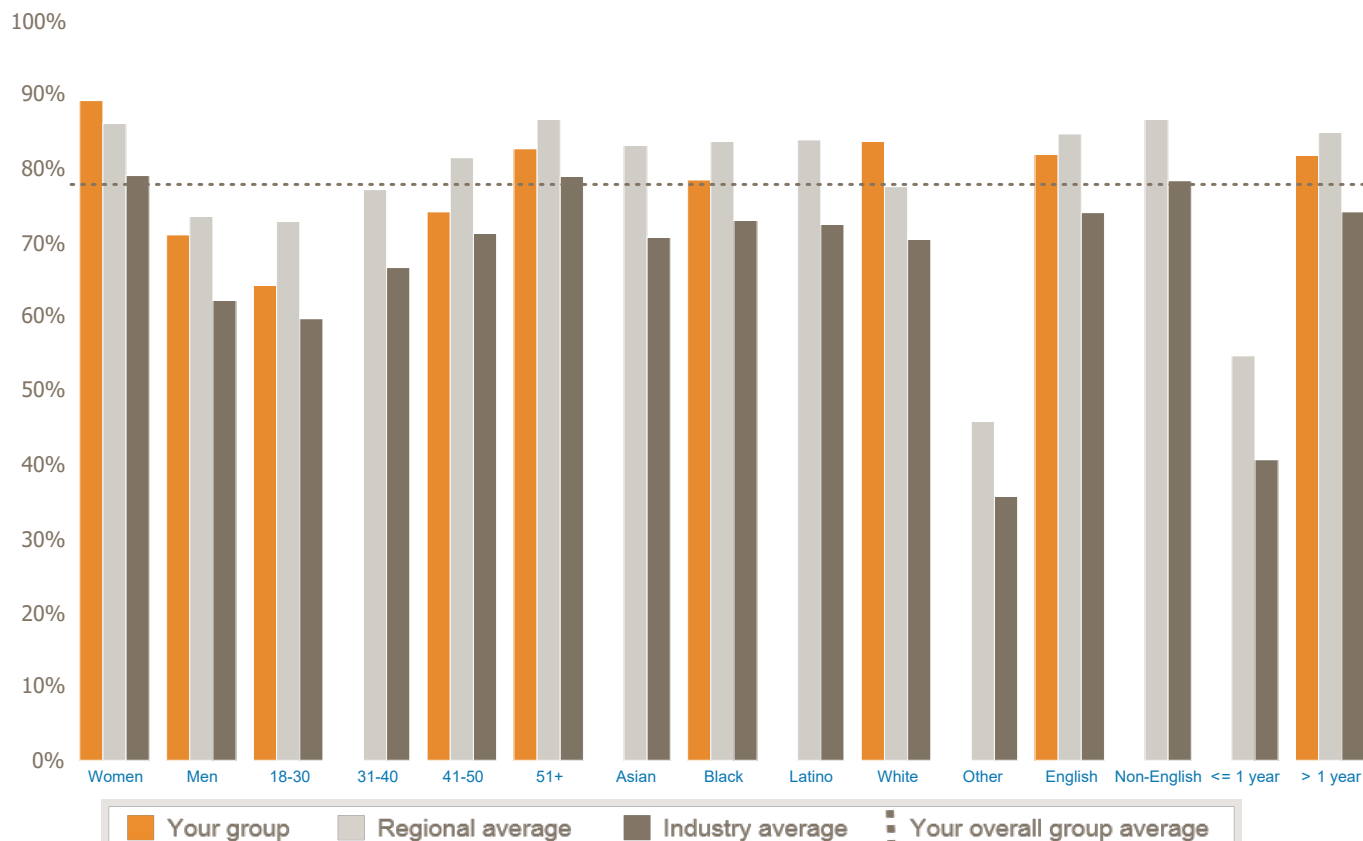
Average time off work



✓ AT KAISER PERMANENTE

During routine office visits, caregivers ask members about their lifestyle habits and encourage them to take advantage of lifestyle improvement resources.

* Young and Swedlow, California Workers' Compensation Institute, August 2013.



Note: Results will not be displayed if the eligible member population for a given metric is fewer than 20 people. Regional and industry averages are based on Kaiser Permanente membership.

78%

of your members completed at least one "knowing your numbers" activity in the last 12 months, compared to the Kaiser Permanente regional average of 80%.

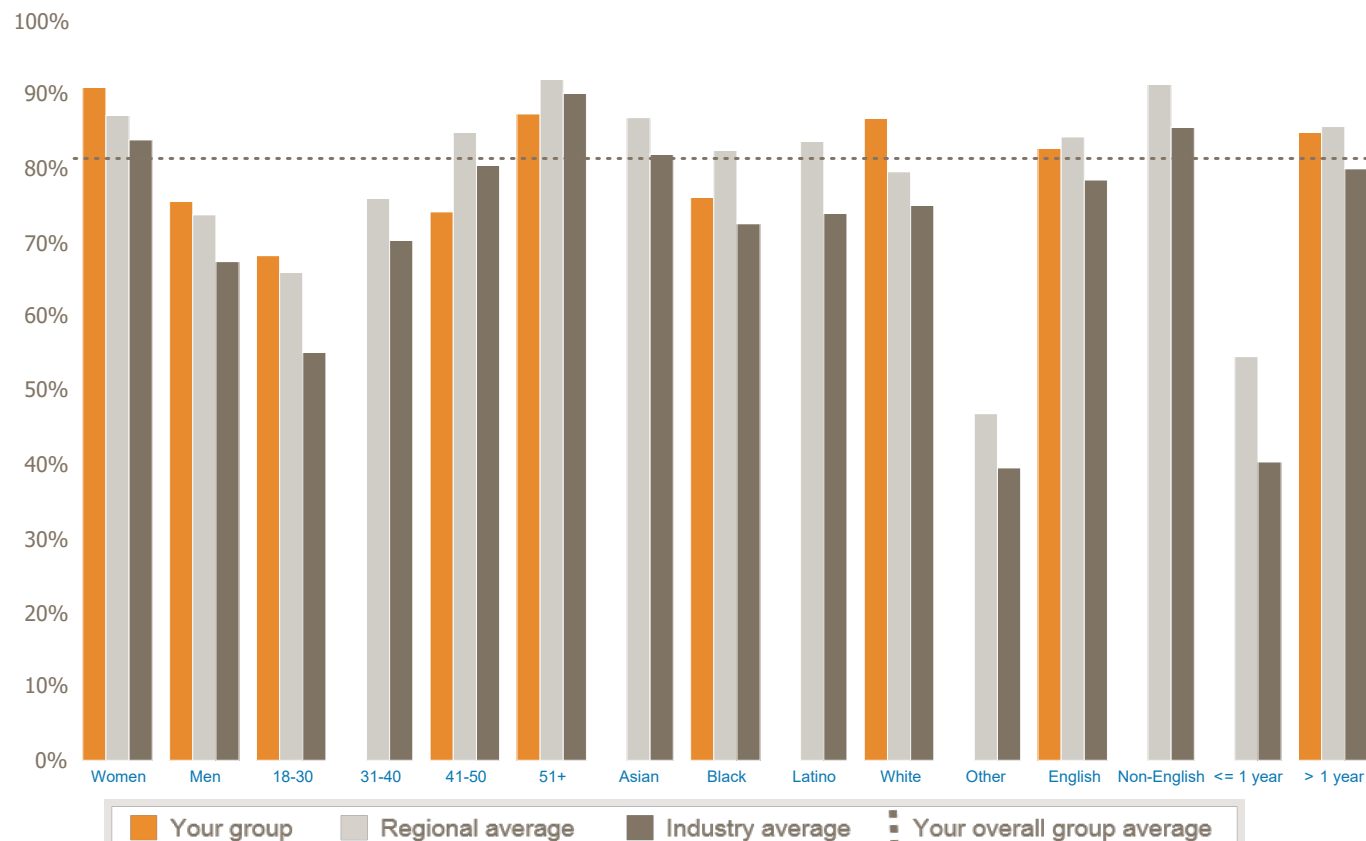
Staying up to date: Your group's demographics

This table shows the demographic breakdown of your members who got yearly flu shots or received scheduled cancer, cholesterol, or glucose screenings, compared to Kaiser Permanente regional and industry averages.

	Gender		Age				Race/ethnicity					Language spoken ²		Tenure with Kaiser Permanente	
	Women	Men	18-30	31-40	41-50	51+	Asian	Black	Latino	White	Other ¹	English	Non-English	<= 1 yr	> 1 yr
Engagement in this category															
Your group	90.7%	75.3%	68.0%	ISS	73.9%	87.1%	ISS	75.9%	ISS	86.5%	ISS	82.5%	ISS	ISS	84.6%
Regional average	86.9%	73.5%	65.8%	75.7%	84.6%	91.8%	86.6%	82.2%	83.4%	79.3%	46.7%	84.0%	91.1%	54.4%	85.4%
Industry average	83.6%	67.2%	55.0%	70.1%	80.2%	89.9%	81.7%	72.3%	73.7%	74.8%	39.4%	78.2%	85.3%	40.2%	79.7%
Overall demographics															
Your group	37.8%	62.2%	17.5%	7.0%	16.1%	59.4%	12.5%	26.7%	13.3%	44.5%	2.9%	87.0%	13.0%	9.1%	90.9%
Regional average	53.5%	46.5%	24.2%	21.4%	19.3%	35.1%	14.9%	38.8%	14.8%	27.1%	4.5%	87.9%	12.1%	15.3%	84.7%
Industry average	43.5%	56.5%	25.9%	23.2%	20.1%	30.8%	25.3%	4.5%	32.3%	33.0%	4.9%	86.0%	14.0%	13.6%	86.4%

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Staying up to date: Your group's demographics



Note: Results will not be displayed if the eligible member population for a given metric is fewer than 20 people. Regional and industry averages are based on Kaiser Permanente membership.

81%

of your members completed at least one "staying up to date" activity in the last 12 months, compared to the Kaiser Permanente regional average of 81%.



*Colon cancer costs considerably less to treat at early stages.**

✓ AT KAISER PERMANENTE

In 2015, all Kaiser Permanente regions combined scored at or above the 95th percentile in seven HEDIS® (Healthcare Effectiveness Data and Information Set) prevention and screening measures, including cancer screenings.**

* Zimmerman and Mehr, *The American Journal of Managed Care*, December 2012. ** Kaiser Permanente 2015 HEDIS scores. HEDIS is registered trademark of NCQA.

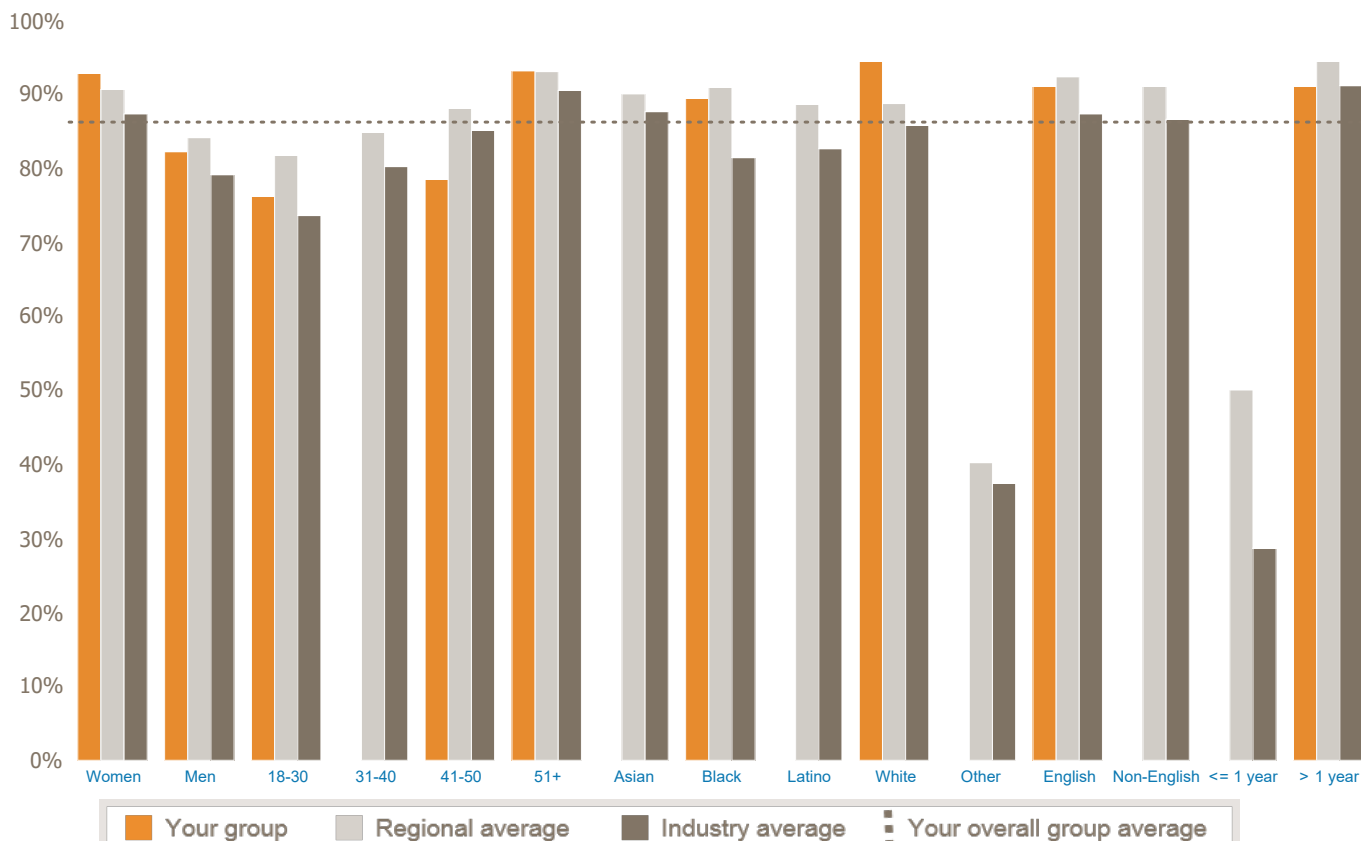
Seeking care: Your group's demographics

This table shows the demographic breakdown of your members who made outpatient visits, consulted our nurse advice line, used secure messaging, or filled prescriptions, compared to Kaiser Permanente regional and industry averages.

	Gender		Age				Race/ethnicity					Language spoken ²		Tenure with Kaiser Permanente	
	Women	Men	18-30	31-40	41-50	51+	Asian	Black	Latino	White	Other ¹	English	Non-English	<= 1 yr	> 1 yr
Engagement in this category															
Your group	92.6%	82.0%	76.0%	ISS	78.3%	92.9%	ISS	89.2%	ISS	94.2%	ISS	90.8%	ISS	ISS	90.8%
Regional average	90.4%	83.9%	81.5%	84.6%	87.9%	92.8%	89.8%	90.7%	88.4%	88.5%	40.1%	92.1%	90.8%	49.9%	94.2%
Industry average	87.1%	78.9%	73.4%	80.0%	84.9%	90.3%	87.4%	81.2%	82.4%	85.6%	37.3%	87.1%	86.4%	28.6%	90.9%
Overall demographics															
Your group	37.8%	62.2%	17.5%	7.0%	16.1%	59.4%	12.5%	26.7%	13.3%	44.5%	2.9%	87.0%	13.0%	9.1%	90.9%
Regional average	53.5%	46.5%	24.2%	21.4%	19.3%	35.1%	14.9%	38.8%	14.8%	27.1%	4.5%	87.9%	12.1%	15.3%	84.7%
Industry average	43.5%	56.5%	25.9%	23.2%	20.1%	30.8%	25.3%	4.5%	32.3%	33.0%	4.9%	86.0%	14.0%	13.6%	86.4%

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Seeking care: Your group's demographics



Note: Results will not be displayed if the eligible member population for a given metric is fewer than 20 people. Regional and industry averages are based on Kaiser Permanente membership.

86% of your members completed at least one "seeking care" activity in the last 12 months, compared to the Kaiser Permanente regional average of 87%.



Unnecessary visits to the Emergency Department cost 3.5 times more than clinic visits. Calling a nurse advice line can help patients get care in the right setting.*

Employees who take their medications as prescribed are absent from work seven fewer days per year than those who aren't current with their medications.**

✓ AT KAISER PERMANENTE

Kaiser Permanente members can email their doctor's office with nonurgent questions — often saving an appointment as well as a copay. They can also refill most prescriptions online.

* Soltas, Bloomberg View, December 6, 2013. ** Carls et al., JOEM, July 2012.

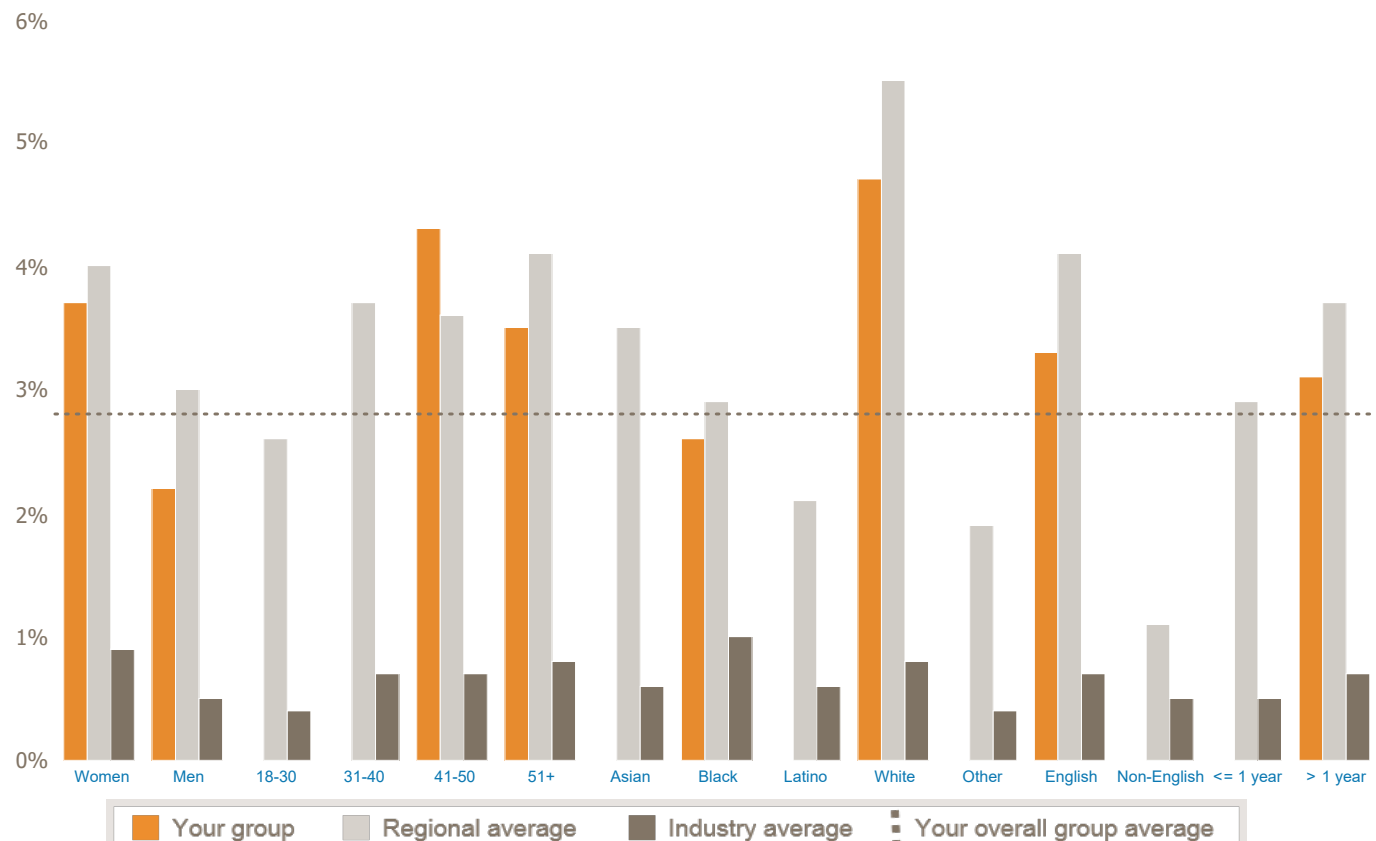
Improving health: Your group's demographics

This table shows the demographic breakdown of your members who took the Total Health Assessment, completed a healthy lifestyle program, or used Wellness Coaching by Phone, compared to Kaiser Permanente regional and industry averages.

	Gender		Age				Race/ethnicity					Language spoken ²		Tenure with Kaiser Permanente	
	Women	Men	18-30	31-40	41-50	51+	Asian	Black	Latino	White	Other ¹	English	Non-English	<= 1 yr	> 1 yr
Engagement in this category															
Your group	3.7%	2.2%	0.0%	ISS	4.3%	3.5%	ISS	2.6%	ISS	4.7%	ISS	3.3%	ISS	ISS	3.1%
Regional average	4.0%	3.0%	2.6%	3.7%	3.6%	4.1%	3.5%	2.9%	2.1%	5.5%	1.9%	4.1%	1.1%	2.9%	3.7%
Industry average	0.9%	0.5%	0.4%	0.7%	0.7%	0.8%	0.6%	1.0%	0.6%	0.8%	0.4%	0.7%	0.5%	0.5%	0.7%
Overall demographics															
Your group	37.8%	62.2%	17.5%	7.0%	16.1%	59.4%	12.5%	26.7%	13.3%	44.5%	2.9%	87.0%	13.0%	9.1%	90.9%
Regional average	53.5%	46.5%	24.2%	21.4%	19.3%	35.1%	14.9%	38.8%	14.8%	27.1%	4.5%	87.9%	12.1%	15.3%	84.7%
Industry average	43.5%	56.5%	25.9%	23.2%	20.1%	30.8%	25.3%	4.5%	32.3%	33.0%	4.9%	86.0%	14.0%	13.6%	86.4%

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Improving health: Your group's demographics



Note: Results will not be displayed if the eligible member population for a given metric is fewer than 20 people. Regional and industry averages are based on Kaiser Permanente membership.

3% of your members completed at least one "improving health" activity in the last 12 months, compared to the Kaiser Permanente regional average of 4%.



*73% of people who had two or more sessions of health coaching said it helped them achieve a weight goal.**

✓ AT KAISER PERMANENTE

Members enrolled in our healthy lifestyle programs have reported significant progress:**

- **chronic conditions:** 82% of participants said their health improved
- **nutrition:** 61% of participants improved their eating habits
- **smoking:** 58% of participants reported quitting

* Adams et al., *Preventing Chronic Disease*, October 31, 2013. ** "Healthy Lifestyle Programs Outcomes," Kaiser Permanente Digital Services Group, December 31, 2015.